

*John & Sheila Ludgate*



*The Kitchen Sessions*

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**John & Sheila Ludgate**

**Track Listing**

- 1) The Gift Of An Ordinary Day**
- 2) Long Shadows**
- 3) A Silent Prayer**
- 4) Wayfaring Stranger**
- 5) Time Can't Stand Still**
- 6) Nineteen Eighty-Four All Over Again**
- 7) Daily Dose Of Nightly News**
- 8) On Valentine's Day**
- 9) Children Having Children**
- 10) Halloween Dad**
- 11) Songs Of Peace And Love**
- 12) End Of Summer**

**All songs recorded in the Ludgate kitchen or on the back porch.**

**Anthony Ludgate – Acoustic Guitar**

**John Ludgate – Vocals, Acoustic Guitar, Harmonica**

**Luke Ludgate – Electric Guitar**

**Shane Ludgate – Percussion**

**Sheila Ludgate – Bass, Harmony Vocals**

**All Songs Written By John & Sheila Ludgate except “Wayfaring Stranger”  
(Traditional)**

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